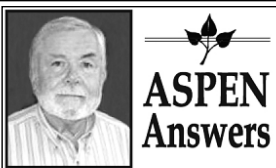


CUSTOMER:	ASPEN FAMILY COUNSELING	PROOF TIME	8/21/2012 12:31:22 AM
REP ID:	NT11	LAST RUN:	08/22/12
DESIGNER	cwnklanm	SIZE:	1X9

**3 Proof Limit**

PROOF DUE BY 11 AM  
TUESDAY, AUGUST 21



by Joseph Huber, MSW, LCSW

**AFTER A  
HEART ATTACK**

Depression is seen in many individuals following a heart attack. Social isolation, difficulty handling emotions, and too much stress can impede recovery. Psychological counseling should be considered in post heart-attack rehabilitation plans.

We know that not all depression has a clear or dramatic cause. But a recent study by a Dutch epidemiologist suggested that the incidence of subsequent cardiac events was especially high for patients whose first diagnosis with depression was after they suffered a heart attack.

We have a staff experienced in the treatment of depression. Call 608-742-5020 for an appointment. Our address is 2639 New Pinery Road, Suite 1, Portage. *Offering you and your family compassionate and professional advice.*

**ASPEN**  
Family Counseling  
[www.aspenfamilycounseling.com](http://www.aspenfamilycounseling.com)