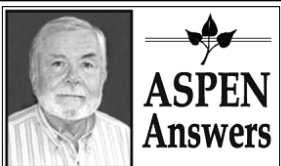


CUSTOMER:	ASPEN FAMILY COUNSELING	PROOF TIME	6/10/2011 9:53:43 PM
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Tuesday 6/21/11 11:00am



by Joseph Huber, MSW, LCSW

CHILDISH BEHAVIOR AT WORK

Does it sometimes seem that your co-workers are acting more like children than the adult professionals that their job descriptions profess them to be? If so, it may help to heed the recent work of a clinical psychologist who says that her research indicates that much of our behavior is governed by the roles we assumed in our families when we were children.

So, while workers (including bosses) may take a rational approach to work matters when they are calm, stress may induce a retrograde behavior that is recalled unconsciously from childhood. This may explain why some people throw tantrums while others avoid confrontation or criticism. It may also explain how some people adopt such roles as clowns and rebels.

Do you think you or your office could use a little help getting past the difficulties that are keeping you from being productive? We provide unique, full-service, outpatient resources specializing in comprehensive consultation, evaluation and psychotherapy for families, individuals, specialized groups, schools, and businesses. We can get you or your team back on track. Call 608-742-5020 today for an appointment. Our address is 2639 New Pinery Rd., Suite 1. *Offering you and your family compassionate and professional advice.*

P.S. Introspection and counseling may help some people become better "team players" and more productive workers by identifying unwanted childhood behaviors that they may be prone to lapse into and learning to avoid them.

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