

CUSTOMER:	ASPEN FAMILY COUNSELING	PROOF TIME	4/10/2012 11:04:07 AM
REP ID:	NF09	LAST RUN:	04/11/12
DESIGNER:	cwnbrewc	SIZE:	1X9

**3 Proof Limit**



by Joseph Huber, MSW, LCSW

**EFFECTS OF CHILD ABUSE?**

When researchers recently used brain scans to study the effects of child abuse and emotional violence on children's development, they found that abused children's brain activity patterns were similar to those of combat soldiers. Heightened activity in two areas of the brain associated with detecting potential threats led the abused children to become as "hyper-aware" of dangers in their environment as soldiers were in theirs. Some researchers speculate that this enhanced reactivity to such threats as anger may lead abused children to be more susceptible to mental illness later in their lives.

This would help explain why maltreated children are twice as likely as children with normal childhoods to experience persistent and recurrent depression. These children need our help.

If you or a loved one has suffered from child abuse and you are dealing with the effects, you deserve help. We can provide the support and compassion that you need to deal with the various effects of an abusive childhood, including stress, anxiety, and depression. If you would like an appointment or if you have any questions, please call 608-742-5020. Our address is 2639 New Pinery Rd., Suite 1. *Offering you and your family compassionate and professional advice.*

*P.S. Childhood maltreatment is one of the most influential risk factors linked to later-life mental health problems such as anxiety disorders and depression.*

**ASPEN**  
Family Counseling  
[www.aspenfamilycounseling.com](http://www.aspenfamilycounseling.com)

- PROOF O.K. BY: \_\_\_\_\_
- O.K. WITH CORRECTIONS BY: \_\_\_\_\_

**PROOF DUE BACK ON 4/10 BY 10 AM**  
PLEASE RETURN TO YOUR SALES PERSON